# Spark New Traditions this Holiday Season

2025 FESTIVE GUIDE







## Celebrations

We invite you to embrace the spirit of the season with festive menus expertly crafted by the Sensei by Nobu culinary team and holiday social gatherings, open exclusively to Sensei Porcupine Creek guests.

## Thanksgiving

Thursday, November 27th

Come together with gratitude over Thanksgiving dinner at Sensei by Nobu. Enjoy exclusive menu items prepared especially for the holiday along with an optional beverage pairing (reservation required).

### Eight Nights, Nine Lights

Sunday, December 14th - Monday December 22nd
Hanukkah is a universal holiday with a beautiful
message for all: "Spread light wherever you can." Join
us every night of the holiday in the Estate House Living
Room for a Menorah lighting ceremony with appetizers
and beverages..

### Christmas

Wednesday, December 24th

Celebrate Christmas with delightful fare at Sensei by Nobu, including a festive eight-course Omakase with optional beverage pairing on Christmas Eve (reservation required).

Thursday, December 25th

On Christmas Day, enjoy the cheer with holiday-inspired brunch items at Sensei by Nobu.

## Ring in the New Year

Wednesday, December 31st

Toast with new friends and loved ones at our New Year's Eve celebration. Experience an eight-course Omakase with optional beverage pairing (reservation required), then watch the ball drop as you dance to music in the Living Room.

#### Thursday, January 1st

The next day, enjoy an unforgettable New Year's brunch artfully prepared at Sensei by Nobu.



EXCLUSIVE OFFERINGS CONTACT

Indulge in festive fare with live music and elevated twists on our Sensei by Nobu dining, sushi bar and in-room menus this holiday season.

For groups of 6 to 8, enjoy an intimate Omakase experience when you book our Private Dining Room. (subject to availability)

Menus available upon request





## Thanksgiving

Thursday, November 27th

#### **SENSEI BY NOBU**

Thanksgiving Dinner 5pm - 9pm Reservations Required

## Hanukkah

Sunday, December 14th-Monday, December 22nd Nightly Menorah lighting with appetizers and beverages

## Christmas Eve

Wednesday, December 24th

#### **SENSEI BY NOBU**

Eight-course Festive

Omakase with optional beverage pairing

5pm - 10pm

## Christmas Day

Thursday, December 25th

#### **SENSEI BY NOBU**

Second Breakfast Available 7am - 4pm

## New Year's Eve

Wednesday, December 31st

#### SENSEI BY NOBU

Eight-course Champagne
Omakase, 5pm - 9pm
Reservations Required

## New Year's Day

Thursday, Janaury 1st

#### **SENSEI BY NOBU**

Second Breakfast Available 7am - 4pm

## Festive Wellbeing

Mindfully reflect on the year, rejuvenate your mind and body, and renew your intentions as you welcome the year ahead with our seasonal workshops and experiences.





### WELCOME

**CELEBRATIONS** 

#### DINING

#### **FESTIVE WELLBEING**

#### **EXCLUSIVE OFFERINGS**

CONTACT

Workshops & Classes

## Savor the Senses:

## An Art Tour and Culinary Journey

Embark on an immersive festive experience combining art and flavor, while discovering our sculpture and fine art collection. Pausing at each work, guests will savor light culinary pairings` and embrace gentle moments of mindfulness along the way. (\$)

## Strength to Stillness:

### A Movement and Meditation Practice

Optimize this season with a session focused on the synergies between movement and mindset. This session includes a balance of strength, mobility, breath work, visualization and reflection; welcoming a greater sense of balance and renewal. (\$)

## Harnessing the Holidays:

#### Nutrition Session

Discover how to pair nutrition with performance during the holidays. From protein strategies to realistic macros and fueling during travel, this educational session teaches you how to embrace the season's abundance while supporting strength, recovery and lasting energy. (\$)

## Map Your Year:

## Vision Board Workshop

In this hands-on vision boarding workshop, you will use creative art expression to help you gain clarity on your intentions and renew your focus in the year ahead. A guided meditation will prompt you to get in touch with your deepest desires and identify specific goals, dreams and aspirations. You will then select words and images that resonate with your intentions and visualize your success to create a personally meaningful collage. By the end, your complete vision board will resemble your life road map, helping to provide direction and maintain motivation to achieve your goals throughout the year. (\$)

### Start Anew:

### New Year's Day Sunrise Hike & Meditation

Welcome the first day of your New Year with a rejuvenating desert hike at dawn. Surrounded by the cascading Santa Rosa Mountains, awaken your body as you are led to the iconic views of Tee 15 at Sensei Porcupine Creek Golf Course. Pause at the summit and take in the breathtaking magic of the sunrise as you settle in for a guided meditation session. Set your intentions and bask in the first light of a new day, reflecting on all that you have accomplished from the year prior, and all that you wish to achieve in the year ahead. (\$)

## Festive Wellbeing

Mindfully reflect on the year, rejuvenate your mind and body, and renew your intentions as you welcome the year ahead with our seasonal workshops and experiences.





## WELCOME

**CELEBRATIONS** 

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Workshops & Classes

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The Gift of Gratitude:

A Journaling Workshop

Learn and practice the art of gratitude through mindfulness and creative expression in this journaling workshop. Begin with a guided meditation to relax your mind, ground into your body, and tap into your heart, followed by a group discussion around what it means to live with gratitude and the importance of establishing a journaling practice. Explore the practice deeper on your own with quiet time to reflect on written prompts, inviting you to unlock the gift of gratitude to enrich your life and cultivate greater joy.

The Inner Flame: Fireside Meditation

Shed the old to welcome the new. Gathered around a glowing fire, you'll sink into a guided meditation to honor the year, reflecting on strength, clarity and renewal. Symbolically release the past as you look to the year ahead.

Holiday Harvest: Garden Walk

Uncover the beaty of our grounds on a guided tour that culminates in our Chef's Garden. Harvest herbs and gather fireside to enjoy a fragrant tea all your own.

Heartfelt Gratitude Meditation

Research shows that feeling appreciation for ourselves, for acts of kindness, and for the people and experiences that bring us joy, leads to a greater sense of overall happiness and wellbeing. In this heartfelt guided meditation, take time to reflect on what you are thankful for, and explore simple mindfulness practices that you can use in your everyday life to cultivate more gratitude.

Gather and Glow: A Fireside Series

Join fellow guests and Sensei team members under the stars for wellness conversations meant to spark personal growth and foster new connections during the holiday season. As you explore subjects like mindfulness and meditation, enjoy Sensei by Nobu refreshments beside the glow of our outdoor fire.

Turkey Trot: A Sensei 5k

Make movement part of your Thanksgiving traditions with an invigorating run or walk through our expansive retreat grounds. As you journey past serene gardens and captivating sculptures, you'll engage your senses and embrace the beauty of the season in a challenge open to all fitness levels.



Take care of your overall wellbeing with a variety of complimentary small group classes to energize and prepare you for the festivities ahead.





### Winter Warm-Up Flow

A grounding blend of breath-led mobility, light strength, and stretching to gently awaken the body. Designed to ease into the cooler desert mornings and prepare you for a day of mindful indulgence.

## Holiday Mobility Reset

A playful, recovery-forward class blending foam rolling, dynamic stretching, and breathwork. Designed to ease travel stiffness and holiday stress, all set to a cozy festive playlist..

## Tis The Season: Total Body Strength Circuit

Learn the fundamentals of strength training and how to safely increase resistance using weights in order to promote muscle growth, endurance and overall strength. This class uses traditional resistance training methodology to develop muscular fitness by exercising a specific muscle or muscle group against external resistance, including free-weights and your own bodyweight.

## Peace and Presence: Getting Started with Meditation this Holiday Season

Discover how meditation supports stability, ease, and non-judgmental awareness to help you be fully present in both the challenges and joys of life. Through a series of simple exercises and discussion, this interactive class applies the science behind mindfulness with techniques for beginners and experts alike to develop a sustainable meditation practice.

## Soothe Holiday Stress: Deep Relaxation

Explore an evidence-based method that encourages rejuvenation and supports better sleep. The modern world's busy pace often leaves little time to truly relax. This guided mindfulness practice invites you to nourish yourself with kindness and dissolve patterns of tension by sinking into deep relaxation.

#### Omacourse

Enhance your stay through the holidays with exclusive offerings. From luxurious spa treatments and a once-in-a-lifetime golf and culinary experience, to personalize wellbeing consultations with our expert team that encourages you to set your New Years goals in motion, Sensei has something for you.



## Light Up Your Stay

Bring holiday spirit into the comfort of your own luxurious accommodations with a decorated Christmas Tree or Menorah delivered directly to your room.

Electric Menorah: \$100 Four Foot Decorated Artificial Tree in Estate & Casitas with 2 stockings: \$500 Seven Foot Five Inch Decorated Artifical Tree in Villas with 4 stockings: \$800

## Holiday Hosting: Art of the Perfect Sip

Join us for an interactive cocktail and mocktail-making premier class. Together with our team, you'll learn how to artfully craft creative drinks that'll make a splash this holiday season.

\$75

## Festive Flourishes: Cookie Decorating

Celebrate the season and indulge your inner child with an interactive session of cookie decorating featuring baked goods inspired by our renowned art and sculpture collection.

\$75

## Art of the Handroll: Sushi Making Class

Master the art of sushi making, then enjoy your creations in a relaxed group class. Together with our team, you'll learn how to create your own fresh handrolls in the comfort of our Sushi Bar.

\$150

Winter Wander: Guided Exploration Welcome the year ahead as you set out on a mindful walking experience above our desert oasis. Along the way, enjoy stunning valley views and nourishing snacks from Sensei by Nobu.

\$75











#### Restore and Renew

Give yourself the gift of slowing down in the calm and peaceful surroundings of our desert spa treatment rooms. Reserve a restorative spa treatment – from soothing body wraps to rejuvenating facials.

#### Spa Menu & Pricing



### 1:1 Private Sessions

Meet privately with our skilled Sensei Guides, wellness practitioners and golf and tennis professionals to connect deeper to your personal goals and intentions. Whether you're looking to strengthen your overall sports performance or co-collaborate on a fitness and nutrition plan to set you up for success in the New Year, tailor your journey with personalized consultations that meet your unique needs.

Wellbeing Consultations & Pricing

WELCOME CELEBRATIONS DINING FESTIVE WELLBEING

Experiences Omacourse

**EXCLUSIVE OFFERINGS** 

CONTACT



## Omacourse: An Exclusive Sensei by Nobu and 18-Hole Golf Pairing

Set out for 18 holes on the iconic Sensei Porcupine Creek Golf Course while enjoying an exclusive Sensei by Nobu culinary journey featuring decadent bites and top shelf sips along the way. You will be greeted in the Clubhouse with Caviar Waffle Strips and Champagne upon arrival, followed by indulgent surprise and delights hand-delivered to you at Hole 3 and Hole 7. Once you've made it to the turn, you will enjoy a midway break for Shibui 23-Year Old Fashioneds and an extravagant seafood tower, and be treated with soothing chair massages for the ultimate recovery before you set out for the back nine.

Until the end of your play, you will continue to be delighted with sensational cuisine and elevated cocktails on Hole 12 and Hole 16, with a decadent dessert bar awaiting for the grand finale back at the Clubhouse. From oysters and caviar, Espresso Martinis and Krug Grand Cuvee, to A5 wagyu and king crab handrolls, this limited-time experience will be one that neither golf enthusiasts nor culinary aficionados will want to miss.

Price available upon request

